



# Northwest Territories **SOCCER ASSOCIATION**

## **The Kicker – NWTSA's Newsletter**

Welcome to the first edition of **The Kicker, NWTSA's Newsletter** where we will profile our athletes, remind you of upcoming events, post announcements, and tout our sponsors.

We will highlight everything from Grassroots to High Performance programs, and invite you to participate in making sure we keep the ball rolling.



For more information about NWT Soccer Association and our affiliates, or to contact us, please visit our website at [www.nwtkicks.ca](http://www.nwtkicks.ca) where you can peruse the many pages of info and photos.

**NWTSA's Grassroots focus:** Following a scientifically-based program which offers age-appropriate fitness and skill development; providing players the right mix of exercise, flexibility training, competitive activities and game time.

**CSG Training:** The next training camp is scheduled for April 3-5th, 2009 in Yellowknife at both the St-Pat's and Sir John schools. Parents and players are asked to read the itinerary carefully and check the schedule immediately prior to the camp in case of any last minute changes. CSG athletes should continuously undergo a minimum of three (3) intense aerobic training sessions a week, each being uninterrupted thirty to forty-five (30-45) minutes long.

All CSG athletes are welcome to attend the weekly training sessions in Yellowknife. Athletes outside Yellowknife are encouraged to contact their regional trainers to assist with fitness and training development.



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### **PROFILE – Jan Barbier**

Soccer is a major part of my life.

During Arctic Winter Games 2008, I was asked if I would like to train with the Grand Prairie Regional College. This was an amazing experience because I was given the opportunity to become better in the sport that I love.

Being down in Alberta training with the college team has had a major impact on my technical skills and also my tactical side of the game. I was able to learn many valuable skills associated with the game, like: developing the play, the importance of an accurate passing, accuracy, positioning, team work, being able to use both feet and the mental aspect of soccer.

Even though the team was practicing constantly I learned many things off the field, and made many life-long friends.

*Jan Barbier*





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### **UPCOMING EVENTS**

#### **First Kicks Developmental Program, Yellowknife (Feb 16, 2009 - Feb 18, 2009)**

**WHAT:** During the Northwest Territories Teachers Association conference in Yellowknife, NWT Soccer has secured 4 sessions to offer teachers an introduction to coaching our youth. This course is a science-based system for teaching adults how to deliver age-appropriate skill and fitness development. **WHERE:** Classroom and school TBD **COST:** TBD

**CONTACT:** Peter Jobse

#### **Coaching Certification & Player Development, Fort Simpson (Feb 20, 2009 - Feb 22, 2009)**

**WHAT:** A national-level licensed coach from the CSA will provide the Canadian Soccer Association's "Community Senior" coaching certification course in conjunction with several opportunities for player development. **WHERE:** TBD

**COST:** \$50 for coaches (includes coaching manual, NWT Soccer membership fee and an NWT Soccer Adidas hoodie). Players are welcome to attend designated sessions but must be currently-registered members of NWT Soccer in good standing.

**CONTACT:** Sjoerd Van der Weilen

#### **Coaching Certification & Player Development Clinic, Inuvik (Feb 27, 2009 - Mar 1, 2009)**

**WHAT:** A national-level licensed coach from the CSA will provide the Canadian Soccer Association's "Community Child/Youth" coaching certification course as well as several opportunities for player development. **WHERE:** Inuvik school

**COST:** \$50 for coaches (includes your coaching manual, NWT Soccer membership fee and an NWT Soccer Adidas hoodie). Players are welcome to attend designated sessions but must be currently-registered members of NWT Soccer in good standing.

**CONTACT:** Crystal MacArthur

#### **Coaching Certification & Player Development Clinic, Hay River (Mar 6, 2009 - Mar 8, 2009)**

**WHAT:** A national-level licensed coach from the CSA will provide the Canadian Soccer Association's "Community Senior" coaching certification course in conjunction with several opportunities for player development. **WHERE:** TBD

**COST:** \$50 for coaches (includes coaching manual, NWT Soccer membership fee and an NWT Soccer Adidas hoodie). Players are welcome to attend designated sessions but must be currently-registered members of NWT Soccer in good standing.

**CONTACT:** Sjoerd Van der Weilen

#### **Referee Education Clinic, Inuvik (Mar 19, 2009 - Mar 22, 2009)**

**WHAT:** NWTSA's Director of Referee Development will host a referee education session to promote upcoming referee opportunities, assess individual performance and discuss current and upcoming rule changes. Videos, classroom and gym sessions will be used to make this an interactive and productive experience. All current and potential referees, coaches and parents are encouraged to attend. An agenda will be posted as soon as it's available.

**WHERE:** SHSS **COST:** FREE to NWT Soccer members

**CONTACT:** Richard Toll



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### **ANNOUNCEMENTS**

#### **City of Yellowknife Summer Soccer Camps - Summer Job Opportunity**

Each summer, the NWT Soccer Association hosts six (6) week-long, half-day camps for youth aged 6-8 and 9-11. Registration is through the City of Yellowknife's "Community Services" department and can be contacted at 867-920-5600.

These camps are run by experienced athletes who go through an application process to earn the Head Instructor and Assistant Instructor positions. This is one of many ways our knowledgeable athletes can give back to their community and get the hands-on experience and perspective of being a coach. The positions pay a generous wage to assist our athletes in their educational and athletic endeavours.

Students interested in applying for this exciting summer position should **apply by MAY 31, 2009**. Criteria for selecting the appropriate instructors and the requirements expected of each candidate will be made available. It is expected the Head Instructor will use the guidance document created by the NWT Soccer Association outlining considerations necessary to run an effective program.

Please contact Ms. Kate Cannell at 867-445-0452 to apply as an Instructor, or for more information about the City of Yellowknife / NWTSA Summer Soccer Program.

#### **CSG 2009 Tickets Available NOW**

Parents and supporters wishing to travel to the 2009 Canada Summer Games in Prince Edward Island can order their tickets now. If you ordered tickets for the soccer games, they'll be mailed out in March. Tickets for the opening ceremony will be going on sale on April 1<sup>st</sup> and will probably be sold out that day, so make sure to order right away!!!!



Editing/photos courtesy of: Kate Cannell